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 that hits seniors real or is it just an excuse?



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## WOE Day

The Patriot Press
Northern High School
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Principal: Mr. Kevin Howard

120 third graders from Sunderland came to NHS to learn about the Earth.


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# Edflor's Nole 

## Senior farewell

by Hailey Guit and Madison Griffith

As the days counted down, the staff here in room 202 frantically worked to finish not just one, but two issues of the magazine before the day seniors leave, we couldn't help but get a little nostalgic. Sure, Northern's hallways are a little cozy, and the bathroom mirrors aren't the best, and there is a stunning lack of windows, but over the past four years this old brick building has become like a home.

Walking into NHS for freshman orientation seems like a lifetime ago for seniors but it was only four years ago, and while the building hasn' $\dagger$ changed, we certainly have. From the administration changing vice principals and principals, to GPA's and class rank, there are plenty of ways to measure the changes over the past four years.

The students in the class of 2016 can claim many accomplishments and great memories from the past four years. Senior Tyson Tran was recently honored with the Pro Hall of Fame Award and senior Matt Bennett has many accomplishments from his four years on track. The boys varsity football team beat Huntingtown this past
fall for the first time in seven years. And who could forget all the great memories from Spirit Week of senior year?

As the days dwindle down, the excitement for summer and college builds. Seniors have been counting down the days to May 20 for months, the day there will be no more high school home-

over. There will be no coming back (especially with the school scheduled to be torn down in two years), only looking back at the memories we've made here. Yes, Northern may not be in the best shape, but the senior class have accomplished a lot in the past four years, and we have made
work or tests. The Class of 2016 certainly seems ready to move on from high school to bigger and better things. Graduating, though, is extremely bittersweet. There is college to look forward to, but you may go from seeing your best friend everyday to seeing him or her once every few months. And once it's over, it's really
this wonderful brick building into a type of family, almost a home. Even though you might think that you won' $\dagger$ miss any of this, we hope that you will hold onto a copy of our special Class of 2016 Senior Issue to look back on one day to reminisce about all the great things we have experienced during high school.

[^0]
## rial board.

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Letters to the Editor are very welcome. Email them to clitesg@calvertnet.k12.md.us or drop them in Mr. Clites' mail box in the main office.

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## News and Notes

uniors finally ordered their "Finally 17 Seniors!" hirts in April. Every year, the shirts are sold by the cheer squad, and this year Ms. Oldham received over 140 orders from enthusiastic juniors. "l'm excited to finally be a senior," said junior Joe Poudrier. For many juniors, hese shirts signify the near end of their lives as high school students. "It means we're re ally growing up," said junior Emma Bonnano. Traditionally, these shirts are worn the day after seniors loar arrive the first week of May. If any junior forgot to order their shirt, Ms. Oldham has ordered a limited number of extras. It's nearly time for juniors to finally become seniors! -Aiyonna White

 a successful Earth Week and invited third graders to learn about the environment.
by Jenna Jaeger Feature Editor

The Lorax club turned the short Earth Day holiday into a week long celebration. Earth Day was Friday, April 22 making April 18-22 Earth Week. Many students are unaware of the environmental issues facing the surrounding society and the effect they have. The Lorax Club attempted to fix that by educating students about the threats facing the environment.

First celebrated on April 22, 1970, the first Earth Day celebration consisted of 20 million taking part in peaceful demonstrations focusing on the environment. The Lorax club was inspired to use Earth week to make sure students are aware of environmental issues. "The purpose of Earth week is to educate others about the Earth, saving the planet and all the materials that we use daily that we don't have to use," said the

We don't have to use, said the
Lorax@lubrmembers preparingtopatntthethod
9raders' foceso
secretary and treasurer senior Jennifer Cole. Throughout the week, they posted footprints with facts about the environment around the school. The club also collected water bottles, strung them together and put them outside in front of the school to catch people's attention. An earth day banner was hung to help students be aware of the important holiday.

On Thursday, Wonders of the Earth (WOE) Day was held when 120 Sunderland third graders came to Northern to learn about the environment. "The third graders came to the back field area to learn about Earth Day from members of the club," said president senior Micaela Shannon. WOE day is a Lorax club tradition lasting for the majority of the day.

The kids were split up into groups with each

fun games the third graders played at WOE day," said Shannon. The kids played a version of duck duck goose renamed earth, earth, day, got their faces painted, played a find-the-trash game, and listened to stories : about the food chain. The kids enjoyed their time learning about the environment and had fun participating in the games the club set up for $\frac{0}{\square}$ them.
Making Earth Day into a week-long celebration informed students about problems the environment faces and what they can do about them.


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# Dirty Dancing $\Varangle$ <br> <br> Innocent Prom fun or a school embarrassment? 

 <br> <br> Innocent Prom fun or a school embarrassment?}
by Maggie Luke and Payton Fleming
Hundreds of dates walk into the Hollywood Volunteer Fire Department hand in hand. Dressed head to toe in lavish formal attire, the Patriots from Calvert County have never looked better, but some people say their dancing is anything but formal.

After a rather stric $\dagger$ Homecoming this fall, students and administrators are on edge regarding Prom. Due to students' inclination to dance provocatively, there will be new rules along with a new registration form sent home for parents to sign before Prom. "Some of the dancing gets a little inappropriate, more so at Homecoming than Prom," said Principal Kevin Howard.

The attire at Homecoming is much different from the apparel at Prom. The shorter dresses at Homecoming make dancing easier and at Prom formality is much more prevalent. Unlike Homecoming,

According to TIME Magazine, "The word prom is short for promenade, the formal, introductory parading of guests at a party. The prom can be traced back to the simple coed banquets that 19th Century American universities held for each year's graduating class." Some would like to keep Prom
only seniors and juniors have the privilege of attending. This makes the mob style of dancing less of a problem at Prom, but still, students' style of dance has brought much discussion and caused many complaints.
 generation chooses to express themselves," said senior Deanna Goldberg. The only time this generation sees the hand jive is watching Grease on Freeform on a Saturday night.


In students' eyes, grinding and twerking is a form of expression and a way to have fun at events, though many people believe it get out of hand. "It's a few people who choose to dance inappropriately and a step too far. I think the majority of students just want to dance with their friends and have fun with the music," said junior Natalie Brooks.

Students have differing opinions on the matter. "I believe that the way students dance at high school events has evolved and adults should events has evolved and aduits should not get into it because this is how this

Fhancial secrefary Ms. Lara Gladhill sells Promfickets to senior Brittany Kaleda.
as close to its roots as possible. "I think the dancing is pretty bad. I don't think they're all that formal, and I kind of feel like it should be more of a slow dance kind of thing," said junior Taz Boher.

Students are not the only ones with strong opinions regarding the matter. Parents have filed
 Senior Dêanna Goldberg and alumniDa: vid Smithburger before Promlasf year. complaints regarding the dancing and the music played at Prom. "One group of parents representing NHS did approach me about some of their concerns following last year's Prom," said Dr. Daniel Curry, Superintendent of Calvert County Schools. "But I can tell you that all of our schools have concerns and have put in place some things to reduce the unacceptable behaviors." Still, he realizes that dance styles change over time. "Students of every generation have found a way to be offensive. Even my parents thought the dance styles of the 60s were provocative," he said.

Dance has changed, but there's a difference between having a good time and taking it too far. "My opinion is that there are some dance styles that are inappropriate for school. They involve movement and physicality that is not appropriate for a public place whether the dancers are adults or children. A school dance, even when the lights are low, is still a public place. You must ask yourself, would I dance like this in the kitchen of my house in front of my parents? Ask yourself if you would be embarrassed if your parents danced that way in front of you. Yuck," said Curry.

Regardless of student and parental opinion, Principal Howard plans changes. "If we can eliminate the pack, so that we can address individuals that are dancing inappropriately that would be best. If I cannot stop the dancing, we will end Prom," said Howard. As long as individuals practice self control, Prom should be fine. "Prom is a choice, and if you don't think you can conduct yourself appropriately then that's a decision you should think over before buying a ticket," he said.
Curry also expects to see better behavior. "There is also a question of respect. I expect our students to respect themselves and the others of their school enough to not engage in such behavior," he said.

The goal is still to enjoy yourself at Prom, but in a respectable fashion. Prom should be an exciting experience for juniors and a once in a lifetime night for seniors.

News •May 20, 2016 • 11

# Schedule scare 

## Will early release and other senior privileges disappear in the future?

## by Jordan Carbo

## Entertainment Editor

Students and staff know that rumors spread like wildfire. Something is heard in the hallway and a game of telephone begins with the whole school suddenly in on it. For years, every freshman class has heard the age old tale that they will be the first class that will not be able to leave school earlier than the rest of the classes as seniors. Is it a scare tactic, or the truth about plans for the near future?

This is a believable rumor that can easily plant anxiety in the minds of underclassmen looking forward to the privilege their senior year. "I think people spread rumors like that to pick on the freshmen, because I remember hearing stuff like that when I was a freshman," said sophomore Meghan Whittington.

The Superintendent of Schools Dr. Daniel Curry said, "nothing has been brought to me for consideration of any changes along those lines. However, that doesn' $\dagger$ mean those things aren' $\dagger$ being discussed at the school level." Curry indicated that this schedule change up is possible, but that has not be

Senior Ryan Endress enjoying the nice wother offereallyrelease finthe parkinglots


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seriously considered.
Curry suggested we consult the principal to confirm whether the rumor was true or false, considering changes like this can be handled at the discretion of individual schools. "It happens every year," Principal

Kevin Howard responded. "Especially the freshmen saying 'our year is going to get out later,' even when the calendar for the next year is already out. It's just completely a rumor."

This yearly gossip has been carried on through generations, passing the scare on to impressionable freshmen. It's along the lines of a senior prank, but is more like a tradition, similar to the pool on the roof rumor freshmen often hear upon entering the building. "My mom said she has heard those rumors since she was in school, and she graduated in 1992," said junior Jocelyn King.

The glorious privilege seniors have of getting out for the summer approximately a month before everyone else is currently not under threat. Since school schedules fare released a year ahead, we would have at least a year's notice of any change. "Actually, the last day for seniors next year is May 19th, which is around the same time seniors get out this year," said Martin. So, no more stress freshmen, but the tradition of passing this rumor along will likely continue.

# Nationwide epidemic hits seniors 

## Is senioritis to blame, or is a poor work ethic responsible for the fall off in senior achievement?


#### Abstract

by Joey Almony and Christian Daniel


Since you were a child, going to school has been an onerous burden. After nearly 12 years of waking up before the sunrise, writing endless essays, solving a billion math problems, and staying up until the long hours of the night, most seniors feel exhausted and beaten down by school. They blame it all on an epidemic known as senioritis.

According to the MerriamWebster Dictionary, senioritis is defined as, "an ebbing of motivation and effort by school seniors as evidenced by tardiness, absences, and lower grades." Students and faculty often disagree over whether the supposed disease is real or an excuse for seniors to slack off.

We've all seen our fair share of slackers in high school. Seniors aren't the only ones who face the constant load of tests and homework, especially considering that most seniors don't even take a full schedule. It is evident that senioritis is not a disease but an easy excuse to stop working. Senior Brandon Ryder said, "It's an excuse for people who slacked off earlier in high school to slack off more."

Although fantasies of the beach, college, and no more high school days are factors in the decrease in motivation for seniors, it is not only seniors who feel that way. "To me, it's not just the seniors that get lazy. l've noticed plenty of my peers slacking off and looking forward to summer," said junior Alex DiGirolamo. So many students are becoming lazy, not only seniors, as we have all completed about eight months of arduous school tasks.

The problem has more to do with the work ethic of students, and more importantly, the way the school system is structured. Although tests may be necessary and homework is a necessary evil, both are given too often in multiple classes at the same time. Students are faced with the problem of how to organize their time and to decide whether it is even worth it to complete their work.

Many will argue that high school teaches you time management and a work ethic. These same people would also say that high school prepares students for jobs in the real world. However, doing your homework is not normally on the top of students' lists of priorities and quite frankly
does not directly correlate to the real world.. Students participate in other clubs and activities like the Boy Scouts or community service projects. In some cases, homework is given because teachers need to fill their grade quota, demonstrating that the work is pointless busy work.

Some underclass students and seniors will continue to work hard until their last day for personal goals. "I see others slacking off, but I don't have it because I want to main tain straight A's in high school," said senior Chris Lesser.


Working to keep straight A's is exactly the reason many seniors and students are accused of having senioritis. Why? It shows that the school system is focused more on doing your work and getting good grades than actually learning something. This is what makes many students stop doing their work. They are tired of just doing work to maintain a grade which, in reality, has no consequence, especially once you're a senior already admitted to college. Seniors are not becoming more lazy but because they are tired of being asked to complete trivial and redundant tasks. "Before you realize it, you get tired of school. Teachers get annoying, and it gets boring always seeing the same faces," said senior Sean Collins.

Senioritis does not exist. It is just a byproduct of a poorly structured school system that emphasizes completing work and getting good grades for standardized tests rather than actually learning.



# OF NHS SENIORS 

by Andrew Jaeger Online Editor

A Survey of the Northern Class of 2016
Do you plan on attending college?

YES 95\% NO 4\%

Where is the college you will most likely attend?

IN-STATE 53\% OUT-OF-SATE 47\%

What will you most likely major in?

1. ENGINEERING 2. BUSINESS

Where will you most likely go to college?

1. CSM 2. UNIVERSITY OF MARYLAND (5) $]^{3 .}$ SALISBURY STATE

Do you plan on joining some branch of military?

$$
\begin{aligned}
& \text { YES } 96 \% \\
& \text { NO 4\% }
\end{aligned}
$$

If so, which branch?

1. AR FORCE 2. NAVY
2. ARMY

At what age do you think you might marry?

1. TWENTY FIVE 2. TWENTY SIX 3. TWENTY SEVEN

How many children would you eventually like to have?

1. TWO
2. THREE
3.NONE


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# Should I stay or should I go? 

## Whether to go to an in-state college or out-of-state college is a big question

## Andrew Jaeger <br> Online Editor

Finding the right college is like searching for the right car. Vehicles come in all sizes and models, offer differing price ranges and deals, and appeal to different types of people. The search for the perfect automobile can be a long and strenuous undertaking, just like finding the right college. One of the first steps in the process is determining whether you should attend an in-state or out-of-state college.

There are many advantages to going to an in-state college. Students attending in-state schools tend to pay lower tuition than those traveling out of state. According to the College Board, the University of Maryland: College Park instate tuition costs are $\$ 9,996$, Penn State University is $\$ 31,346$, and Ohio State University is $\$ 28,525$. Outlying universities can double or even triple in-state tuitions. "Usually in-state is less expensive, but not necessarily," said guidance counselor Ellen Oldham. "It depends on what scholarships you are offered."
wwBeing closer to home is a plus for some students. "During breaks and holidays, I want to be a car ride away from home," said senior Trevon Howard. "But still far away enough where I won't be checked up on randomly." In-state schools are able to meet these requisites. Undergraduates can also choose to commute the shorter distance from home to school, saving money on room and board.
Going to an in state college you are
also more likely to know other people there as well. According to Katie Naymon writing in The Huffington Post's Huffpost Teen, "High school friends make college a bit more comfortable, and you're guaranteed to have a good friend the moment you step on campus for the first time." This can make the transition easier.

Out-of-state colleges offer numerous perks as well. There are many more options when it comes to looking outside of your home state for a future education. There are almost 30 schools in Maryland, but thousands of institutes around the country that offer differing educations and experiences.

Far away schools may provide majors not offered in-state, more career opportunities, and hoards of fresh faces. "I wanted to distance myself from my high school because many of my friends go to UMD," said Northern alumni Jenna Hakun (who attends Penn State). "Going to an out of state college makes you make new friends which I enjoy."

Some undergraduates like the longer distance and increased independence. "I don't really care about distance "o from home. Maybe I will show up for holidays, maybe not," said senior Trey Lake. "I like to keep my options open. If I have a hot date or a skeeball tournament, then there is no need to travel home."

The decision of where to go to college ultimately depends on the student's interests and personal goals, as well as preferences regarding a college experience.


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## Senior superlatives: Class of $2016^{\circ}$

## Most likely fo succeed




Misaeld Shannon and Chulo Leonardo 18 - Patriot Press • Feature


Iravon Howard and Serena Bronk


Maddy Iweeten and Jason Jones


## Kassidy Cross and Christian Danfel

## Bestllooking



Deanna Goldberg and Shane Colgan


Feature • May 20, 2016•19


Gonnor Peterson and Sarah Spurill



Best all around sirs



$-(-12)$




Worst case of senioritis


Vaughn lankenva and Amber Procopio


# Moments to remember Seniors look back at the special events and experiences that they will never forget. 

## by Payton Fleming and Braeden McFadyen

Over the past four years, the class of 2016 has gone through almost 720 days of school. Through that time, friendships have formed and memories have been made. Seniors look back at some of their most memorable moments here at Northern High School.
"Winning Homecoming princess sophomore year was really awesome. The Homecoming football game was cancelled so they didn't announce the winners until we were at Homecoming! It was tons of fun and really special." -Madison Mulligan

"Setting off the fire alarm in the yearbook room as a freshman. I was talking to a friend when I fell backward and hit it with my hand. That was a time I'll never forget" -Madison Gentry
"For me, a memorable thing was ordering my Finally Seniors shirt and then ordering my cap and gown. Nobody in my family graduated, so I want to be the first one and make my parents proud!" -Taylor Strickland
"Mrs. Ekelund had half a box of donuts left at the end of the day so she decided to hand them out to our class. People were declining them but I happily accepted. There's nothing better than free food" -Connor Cox
"Playing in Battle of the Bands was definitely one of the most memorable times here. I was so nervous the entire time, and it felt like forever as my band was the last band to play. We went up on stage and played the songs as we had a million times before but somehow I still forgot the lyrics to one of our songs! It was really nerve wracking but being up on stage was also one of the best feelings ever." -Cristian Barrios
"Sitting on the floor at lunch in the gym hallway. It was my birthday and my friends had a full out party for me with cake, hats, and everything. People kept walking by telling me happy birthday and it was so exciting!" -Mackenzie Meador
"Senior Spirit Week was one of the most memorable times for me. It was the last time the senior class got together to show our spirit and excitement for the end of the year." -Jessica Cooper
"The most memorable moment for me was receiving a slide into the DMs on Instagram from Sydney Feldman my sophomore year. She asked if she could give me a shout out to help me find some new friends since I was new to Northern HIgh School. This was the making of a long lasting friendship with Syd. Without her, I wouldn't have all the friends and experiences I've had over the past three years. That moment led to the multitude of great moments I've had in high school. Thanks Syd." -Tyson Tran
"During my freshman year at Homecoming, I was challenged to a dance battle by one of the upperclassmen at the time, Jorge Bonavente. At first, I didn't want to do it but he convinced me it was just a friendly competition. So as Jorge and I were going back and forth dancing, a crowd of people formed a circle around us. I had to impress everyone, but I was running out of moves. It was my turn, and I was just standing there trying to think of something to do. Out of nowhere, Deputy (Vaughn) Evans jumps in the middle of the circle, does the stanky leg, then runs out. Everyone died laughing and that ended the dance battle. It was hilarious because Deputy Evans really couldn't dance to save his life." -Trevon Howard


## How Embarrassing!

# Seniors remember the high school moments they wish they could forget. 

[^1]"When I was a freshman, I made varsity soccer and one of the things that the seniors always did was basically an initiation. So, the other two freshmen who made it (Maggie Luke and Maddy Twetten) and I were all dressed up as the three chipmunks (Alvin, Simon, and Theodore) on the last day of spirit week. I was the lucky one who got Theodore. So, all day I walked around with a chipmunk mask, a large pillow beneath my shirt and a fanny pack full of acorns. I can't forget to mention I had to sing songs when someone asked if I liked nuts, and then after singing I had to give them an acorn. So, all of this happened throughout the day and then finally the pep rally came. As you know, varsity sports sit on the field while everyone else sits in the bleachers, so there I sat, with my team, dressed as the fat chipmunk, Theodore, in front of the whole school as just a little freshman." -Lauren Luongo


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"Dancing and singing 'Call Me Maybe' to the school in a wig, heels, and booty shorts for the Mr. Patriot Pageant." -Tyson Tran.
"When my Prom date, Tyson Tran's, dad called my phone, uninviting me from going to Prom with him. The most awkward part was going to Prom and seeing him sit across from me with another date." -Brooke Nastasi
"I bought my girlfriend some roses my freshman year, and she passed them out to random people and then broke up with me." -Matt Gatton
"At one of the first football games my freshman year, I saw a group of upperclassmen taking a picture. For some reason, my hyperactive freshman mind thought it would be a good idea to try and photobomb the picture. It had been sprinkling that night so the grass was a little damp. I began sprinting toward the group and as soon as I reached the grass, I completely wiped out. I swear, every single person attending that game stopped what they were doing to look at me and laugh uncontrollably. I quickly got up and left the scene. After that, I did not return for another football game for weeks." Kyndra Wilson

[^2]
# Where are they now? 

# Past Most Likely to Succeed winners talk about where they are now and what success means to them. 

by Madison Griffith and Serena Bronk
who stated they wanted to leave Calvert County live here, too," she said.

Alumna Jessica "Hyder" Baumann graduated 15 years ago and went to University of Maryland for her degree in civil engineering and then received her license as a professional engineer. She lives on the Eastern Shore with her husband, Fred, and their three dogs. She currently works as a project manager designing and building communities for military families at both Fort Meade and Aberdeen Proving Grounds. "It's extremely rewarding to be able to give back to the service members and their families for the sacrifices they make for us and our country," she said.

While Baumann was in high school she was in Class Council serving as the Vice President, was editor in chief of the yearbook, was in National Honor Society, Quill and Scroll Journalism Honor Society, President and Secretary of the Key Club, and graduated in the top $5 \%$ of her class. "When I was nominated for the superlative, I was honored to be recognized by my fellow classmates for the superlative," she said.

2008 alumna Kaitlyn Murray also won
likely to succeed" superlative over the years actually succeeded? A few former most likely to succeed alumni shared where they are now and what they think becoming successful really means.

1994 alumna Amy Schenk Bevard, graduated in the top five in her class, participated in the National Honor Society and Key Club, tutored some of her peers, and volunteered a lot during high school. She won the Class of 1994 most likely to succeed superlative with Eddie Baddour. "I'd like to think my peers recognized my work ethic as a student and thought it would carry me far, whatever I did. I took my academics seriously but also was involved in many activities," said Bevard. She currently stays at her home to drive her four kids to and from soccer, dance, library, church, and American Heritage Girls. "I do work one day a week at our church's Mom's Morning Out program and am responsible for payroll and bookkeeping for my Dad's business," she said. Bevard has an undergraduate degree in environmental planning and a master's degree in post-secondary education. "I've worked at a local college and as an ESL teacher, tutor, and home-hospital teacher," she said. She owned her own home daycare for a couple of years. Bevard hasn't moved out of the county. "Calvert County has been a great place to raise our kids. I'm pretty sure most of the people I graduated with 26 - Patriot Press • Feature
 most likely to succeed, but unlike Bevard and Baumann, she moved far from Calvert County. Murray has been living in Anchorage, Alaska for the last year and a half. Before Alaska, she lived in Houston, Texas. "I am an environmental and regulatory engineer at ExxonMobil, which means that I assist facilities with complying with environmental regulations with a focus on air emissions and wildlife," she said. "One great thing about my job is the opportunity to travel internationally and domestically. In the last three years, I've been to Indonesia, Bermuda, all over Canada, New Orleans, Seattle and lots of other places."
Some of the winners were surprised that they won the superlative. "I was excited when I was voted Most Likely to Succeed. My class at Northern had a lot of smart and talented people, so I felt that it was a big honor," said Murray. In high school, she was involved in cross country, track, lacrosse, class council and SGA. She also kept a high GPA and was one of the two editors in chief
for The Patriot Press. 2009 alumna Jasmine Adams moved her career a little north to an apartment in Arlington, Virginia. After being the President of the National Honor Society her senior year, editor in chief of The Patriot Press, being involved with SGA within the school, county and state, along with maintaining great grades leading to an early acceptance to Georgetown University, it wasn'† much of a surprise for Adams to win the superlative.
 "Currently, I work full time as a service desk technician and technical writer for the National Cooperative Bank. I am also a part-time 2L student at Georgetown University Law Center," Adams said. She works during the day and attends school at night. "I absolutely love both worlds and hope to bridge them together as I move forward in my career path." "I was quite surprised when I won most likely to succeed," said 1996 alumni Jermaine Carroll. "We had a number of people that I considered to be more worthy of the superlative. But naturally, I was very flattered." "I
ber of the National Honor Society, and ran Cross Country. Carroll graduated from the U.S. Military Academy at West Point and then joined the Army. After that, he continued at Brigham Young University to receive his law degree (JD) and Masters of Business Administration (MBA). "The most important part of what I do is to be the best husband I can be to my wife of almost 15 years. Secondly, I'm a father to six wonderful children. Those are my priorities," said Carroll.

2010 alumna Mallory Clites, who also won the superlative, now lives in Philidelphia working toward her doctorate in Materials Science and Engineering at Drexel University. She completed her undergraduate degree in Chemical and Biomelecular Engineering at the University of Maryland. Clites was a Gold Award Girl Scout, captain of the field hockey team, a member of the National Honor Society and was managing editor of The Patriot Press.

Clites feels that as a graduate student, the key to success is dedication. "Keep working at things until finally they click into place. Pure hard work pays off more in finally they click into place. Pure hard work pays off more in anything else," she said.
"I think success looks different to everyone and there is no one key to make it through the several doors that can lead to success,' said Adams. Even if you didn't win most likely to succeed, it doesn't mean that you won't be successful. Murray said, "Embrace every situation as an opportunity to learn and grow and don't shy away from potential opportunities because you feel uncomfortable or unsure of yourself. It's those situations where you can learn the most and push yourself."




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# Senior Favorites 

by Hailey Guit

## Edifor in Chief

They say the four years of high school are the ones you will always remember but what exactly will you remember from your senior year? The class of 2016 will definitely recall these 16

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# After the Ceremony Project Graduation has offered seniors an alcohol-free alternative for 29 years. 

by Kayla Nalepa and Micaela Shannon
After the exhausted senior class finishes their graduation ceremony, they'll realize it isn't time to jump into bed just yet. One of the best parts of senior year is the small reward seniors receive in the form of Project Graduation, better known as Project Grad. Project Grad is an alternative that allows seniors to go out and have a fun yet sober night after graduation rather than partying which can have dangerous results.

Project Grad was created in 1987 with Northern participating. According to county coordinator Ms. Candice D'Agostino, Judge Jerry Lamson started the program after he saw the consequences of teen drunk driving accidents. As Prom and Graduation can be two of the highest risk times for students, creat-
ing this safe alternative to a night of wild partying was intended to reduce those risks on Graduation night. "They don't have to worry about zdriving, just fun," D'Agostino said.
The program is funded by the Calvert Alliance Against Substance Abuse, also known as CAASA. "CAASA took over the funding of Project Graduation in 1998 when o it was determined that court fines could no longer be directed to the program," D'Agostino said. The program receives money for the events

Alumna Bri Zych, seniors Brooke Nastasi and Kayla Mills at last year's Project Grad.
until 2013, Project Grad was held on a small cruise ship on the Potomac river. The event was changed to Dave and Buster's because there weren't enough things for seniors to do on the boat.

Other high schools in the county go to the Patuxent Naval Air Station Recreation Center in Solomons for their Project Grad celebrations. "We are the only school in the county that goes to Dave and Buster's," Butler said. "It's kind of like a school tradition." The schools that do go to Pax River spend time swimming, cooking out, and taking part in outdoor activities.

For some seniors, this is not the first time they've been

Alumna Allie Fleming, Christina Emory and senior Páge, Powell playing at Dave and Busters.


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# Welcome to college 

Alumni have some advice for this fall's
by Madison Griffith and Alec Howard
It can be scary going away to college. It's the first time you'll be on your own without your parents to help whenever you need them. Although you are slowly becoming an adult and think you can handle everything, some advice always helps.
"Drink a lot of coffee because there's tons of long nights of studying. Make sure you have ways of studying that are easy for you, and do that all year to help you on exams." -2014 alumni Jordan Friedman, who attends University of Maryland.
> "My advice to incoming freshmen would be this: College is your first real shot at being an adult. You have to balance party time with work time. You no longer can relax and push things off, because in the end it will catch up to you faster than you know it. If you can balance a good social life with a solid work life, college will be the best four years you will ever have." - $\mathbf{2 0 1 4}$ Alumni Ian Torr, who attends Norwich University.


Torr during a Field Training Exercise on top of Mounf Pain during training
"I guess my best advice to an incoming freshman would be that it's going to be a big adjustment, so be prepared. First semester might seem so easy, but it does get more difficult. Don't be afraid to get involved and meet new people and try something new or something you don't think you'd like. Sometimes you'll be surprised. Also, don't stress the small things because in the end it's not worth it. When I say surprised, I could say I, 100 percent, did not want to join a sorority. I made fun of my roommate a lot for it. But I gave it a try, and I am so thankful. It gave me some of my closest friends and has taught me so much." -2014 alumna Erika Baxa, who attends West Virginia University.
"You shouldn't slack off senior year because you need to transition well into college. It's a lot of hard work, so just keep on top of it and do everything you need to do to succeed." -2015 alumni Clayton Friedman, who attends University of Maryland
"Don't be afraid to step outside of your comfort zone. It's important to get involved. College is where you meet your lifelong friends." -2013 alumni Mikey Allen, who attends York University
"My biggest piece of advice for incoming freshman would be to get involved! By joining clubs, sports teams, anything you're going to meet so many people and make so many connections that way. It's more fun, and it will make you happy to just be able to walk anywhere on campus and see someone you know. The last thing you want to be in college is lonely, since you're leaving a familiar home with familiar faces. Also, always communicate with your roommate. If you have a problem with something that's going on, just tell them. You have to set boundaries and communicate because you're living in close quarters with them for good chunks of time. Lastly, this is your time to grow into the person you're going to be for the rest of your life. So spend time with yourself and figure out what makes you the happiest. Don't get wrapped up in high school drama because that's all behind you now. As clichéd and stupid as it sounds, going to college is like coming out of your cocoon and spreading your wings like a brand new butterfly. So have fun, be safe, and make the best of these four years. They go by faster than you think." -2014 alumna Paige Cunningham, who attends Stevenson University.

# Most memorable sports' moments 

Seniors remember the best moments on the field, the track and in the gym over the last four years.


#### Abstract

by Lauren Downs and Andrew Jaeger With high school sports coming to an end, students look back on their four years and discuss the times that meant the most to them.


My most memorable sports moment is playing Huntingtown at senior night. It was a very competitive game, and it was even better because Senior Night caused me to think about all the memories from past soccer seasons. -Kirsten Southan

My most memorable sports moment was winning the State's game on the UMD field my Sophomore and Junior year. It will always be one of the best experiences of my life. -Sammy Clemons


My freshman year against Huntingtown in lacrosse, I scored five goals and the crowd started cheering, "we love Christian!" -Christian Daniel

Junior year, the Regional title game was against Huntingtown. It was a very good game for the majority of the game. The score was 0-0, but in the last five minutes we got an offensive corner. I fed the ball up to Jenna Dolinar, who then took a hard shot at goal. The ball was stopped by defense but Rachel Martin got it back. She passed the ball across the circle to me. I took a backwards shot and made it. It was the only goal the entire game. We became 2014 Regional Champs. A day or so later, a newspaper title said, "Practice makes Purdy."-Layla Purdy

[^3]

I got to hang out with the soccer girls. I also asked the whole team to Homecoming, and they said yes. -Kevin Wilkerson

During lacrosse games last year, Bri Zych would pretend to have multiple personalities and freak out the other teams. Amanda Berger

Scoring the winning goal against LaPlata my sophomore year in the last minute with a back heel. -Andre Hood

Walking my Senior Night at the basketball game. It meant more to me than football because it was truly my last season and game so it was more emotional. When I heard the announcer call my major, the school l'm attending in the fall and my name, it made me kinda sad but happy at the same time. My dad was in Houston, Texas at the time, so before he left he gave me flowers and wished me good luck. I loved my performance also because Bri Franey and made up the most of it, so it felt amazing showcasing something her and I worked so hard on. -Julia Denton


When I sprained my ankle at the end of a cross country meet, and I had to sprint 300 m on it. My ankle and I will never forget. -Connor Cox


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## Train, teamwork, triumph

# The girlis track team worked harid to win States and their coach was named coach off the year by The Washington Postu 

## by Hannah Wilson and Kelly Kaiser

Sports teams work hard all year to excel in games and state competitions. The track and field teams spent hours practicing, speeding through meets and running a countless number of miles. Girls' indoor track and field achieved their goal this season, winning their first State title while their coach, Mr. Joshua Dawson, was named Winter All-Met Coach of the Year by The Washington Post.

The girls' achievement required a lot of preparation. They practiced five days a week and sometimes on the weekends for an average of about two hours each day. Track encompasses multiple events the team had to master to win the state title. Practices included a variety of activities including drills, strength training, and speed training to ensure that participants in every event were ready to


Senfor Caitiln Miller running one of her lasł track meets:
compete. "You have to come out everyday and work hard at improving in your events. It definitely takes a lot of dedication," said junior Amy Trembly.

Winning the title, the girls were ecstatic. "It felt great, and I was proud to be teammates with the girls who competed at States," said sophomore Kelsey Wilcox. As athletes are approaching this season with the same vitality they did the winter.

The team is striving to win another State title, but individuals on the team have also set personal goals. "My goal is to be first place in discus for the team," said senior Jessica Leser. To achieve this, Leser must train to throw over one hundred feet. Senior Jessica Raney stated, "My goal is to improve my personal record in every race." Her plan is to practice intensely on her own in addition to the practices she participates in with her team. To keep herself motivated, she stated that the best advice she was ever given was, "Stop staring at your watch and just run."
Winning the state title was not the only source of pride for the team during the winter season. Dawson's award from the Washington Post for his individual achievement was a point of pride. According to The Washington Post, it has been roughly a decade since Dawson stopped running in college only to pick it up again to coach the team to success.

Dawson's track team was very excited for his award and thankful for their success. "I think it's really cool because in addition to the other achievements we've had this year with both indoor track and cross country, Coach Dawson was chosen out of all of the other coaches in Maryland to win this award," said sophomore Claudia Dolan.

Expectations and standards have been set very high for the outdoor season of track based on the team members' success during the indoor season. "Dawson has informed the team that he wants us to perform well, but he is also aware that we will make mistakes. He has made it clear to the team that it is expected and okay," said Wilcox.

The team continues to practice with the same intensity, sets new goals, and strategically plans to achieve those goals. They hope to end the year by bringing more honor and pride to both the team and the school.


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# Getting out of the game 

## Going from making hard tackles to hitting the books, seniors say goodbye to their high school sports.

by Maggie Luke and Lauren Downs
Senior Lauren Luongo finished her last game of volleyball in high school


Senioplauuen Luango and herteam celebratethelrshatefite as a state champion. She wrapped up years of hard work and dedication on what she considers the best note possible. Many athletes have been playing their sport since they could walk. While some will have a chance to continue their athletic journey at college, many will hang up their cleats, lay down their gloves, and move on to college to focus on their education.
"I decided not to play volleyball in college because I really wanted the college experience," Luongo said. "I'd rather be focused on getting my education to start preparing for a job as quickly as I can rather than focusing on a sport that will only last me another four years." According to CNN, division one college football players practice about 14 hours a day during orientation week and during season work 50-60 hours a week. This can be a staggering amount of time put towards practice. "I think it would be a huge time commitment. I want to study pre-med, so I don't think l'd have time to play sports," said senior soccer player Eddie Zhang.

Deciding to let go of a sport that has been an important part of your life for years does not come overnight. Athletes may feel pressure from coaches and parents to play in college, especially if it means a possible scholarship. "It was a long debate with myself on whether or not to play in college," said senior lacrosse and field hockey player Layla


Purdy. "Many of my coaches and friends wanted me to play, but I decided against it so I could focus on my schoolwork and getting my degree

Being a student athlete has been a full time job for some seniors and is their biggest form of exercise. In order to fight the freshman 15 , some will need to find other activities to keep them busy and in shape. Purdy, who will be attending Hawaii Pacific University, is hop ing to take up surfing because Pacific does not offer intramural lacrosse or field hockey. Senior golfer Jonathan Reeder, although he was offered a golf scholarship to University of


Senior Jonathon Reeder with teammates seniors lan Cleary and Jack Eastwood. Virginia Wesleyan, will choose to play golf for fun at Anne Arundel Community College next year. nities and a new chapter in teen age lives. Although it's very exciting, it can also be bittersweet. "I know l'm going to miss it a lot," said Luongo. "I grew up always playing a sport and not having that team, the adrenaline, the desire is going to be different. Sports have shaped me into the person that I am today and it will definitely be weird."

As these teens put away their gear they get ready for another chapter in their lives, college is in their horizons and they are going to take the time to enjoy it. They will always be remembered as great athletes, but will be focusing on their academics


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## CONGRATULATONS CLASS OF 2016!!

# Students make their own music Talented students spend their free time recording and uploading their own music using new apps. <br> Freshmen Austin Hood, R.J. Dennis, and Garrett Cullember 

## by Aiyonna White

## Feature Editor

Social media makes it easy for people to share their unique talents. With the rising popularity of SoundCloud, a website that lets its users upload and listen to original music, it's now easier than ever for aspiring musicians to be heard. Students love SoundCloud for many reasons. "I like to upload covers. I also use Spotify and Grooveshark to listen to music because it's free, and I'm cheap," said senior Ryan Briggs. Senior Shane Colgan has recorded several covers which he uploads onto his SoundCloud, SPC_Music. He prefers SoundCloud over Youtube, because it's easier to understand. "It's nice because SoundCloud can be shared on Facebook, and it's pretty easy to give a link to somebody," Colgan said.

Two years ago, Colgan was contacted by a producer who saw him singing on Vine, an app in which allows users share six second videos. "The producer was trying to form a boy band, and he offered me the lead singer spot," Colgan said. "I heard the song "Rude" by Magic! before it was released because the lead singer of the band happens to be his brother. He has produced for Justin Bieber, Selena Gomez, and Shakira. The whole reason I didn't do it was because my parents were afraid to send me off in the world with a career."

Senior Adonis Powell uploaded his own reggae single called "Livin" on SoundCloud. Powell prefers SoundCloud over other social media websites for his music. "Everyone has one, so the second I put something up, all my friends see it," Powell said. "Secondly, you can hashtag music. If someone searches the word reggae or livin', they'll come across my song no matter what they were looking for." Powell uses the recording studio in his house to produce his music. Powell, like


Colgan, also uses Fruity Loops to record his music. Fruity Loops is a downloaded music production software. Students don't have to spend hundreds of dollars on recording equipment to produce their music.
use their iPhones to record and upload their music onto SoundCloud. "We made a song during the snowstorm when we didn't have school," Dennis said. Their group, xARx, uses hashtags to gain views. "We were just freestyling and found a beat and decided to make a song to it," Hood said.

The group writes their own music. "We come with lines, make sure they don't sound dumb, and if we all like it we go with it," Cullember said.

It's even possible for students to make a profit with their music. Junior Anna McAullife uses a website called Bandcamp to support her mixtape, New Beginnings. On Bandcamp, artists can choose to charge for their music or just accept donations. "I like Bandcamp because it's more user friendly," McAullife said. "If your music is free, anyone can go on and download it. It's really convenient."

Sophomore Jazele Gibson uses Spotify, an online music service that gives it's users access to songs for free. "Spotify is my favorite because it's easy and you can make playlists," she said. "They have this thing called Discover Weekly where every week they give you a new playlist filled with songs they think you will like. It's pretty cool."

Social media can be the opportunity needed to change a life. Senior Allison Parker uses SoundCloud to post her original songs. "I've been writing songs in my bedroom for a couple years now, and without social media like SoundCloud, no one but my friends and family would hear them," she said. "I've only taken a primitive first step in getting my music out
 there, but it's still exciting. The idea of someone with their earbuds in listening to one of my songs is surreal."

Parker uses Garageband and her iPad to record her music. She used one of her original songs to audition at Berklee College of Music and was accepted. "Getting accepted to my dream school is the greatest recognition I could ask for. I auditioned with an original song, 'Doll Parts'. My mom and I cried like idiots together when I found out about my acceptance."

Mobile apps, sophisticated software and competitive alternatives to pricey audio/visual equipment have made it easy for anyone to express their talents. The next time you walk through the hallway, you may be looking at musicians who are getting recognition for their work via the Internet.

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## Warped speed ahead The alternative music staple is coming tack this July.

by Kayla Nalepa and Taylor Isenberg
Everyone has eclectic tastes in music. Some prefer the synthetic sounds of pop while others prefer the beat of hip-hop. For those who like the alternative and punk-rock scene, in 1995 a rock festival was created just for you, the Vans Warped Tour.


Warped Tour travels the country for nearly two months in the summer, running from June 22 to August 9 this year. The festival will be in Maryland on July 16 at Merriweather Post Pavilion in Columbia. Unfortunately, Good Charlotte, a band from Waldorf that is on the tour, is not going to be playing at the home state show. The lineup for this year has been released and includes Sleeping WIth Sirens, Mayday Parade, We the Kings, Sum 41, Waka Flocka Flame and many more. In total, 69 acts will hit the three stages at Merriweather.

Many students attended the Warped Tour last year. The lineup in 2015 included Asking Alexandria, Black Veil Brides, Never Shout Never, Pvris, and Riff Raff. "Last year was my first year going. My favorite act was Asking Alexandria and Atilla," said junior Audrey Bishop.

Mosh pits are common at most concerts with General Admission like Warped Tour. Although pits can be fun for some, they can be dangerous. The pits tend to be intense and create a strong surge of adrenaline. "Being in the mosh pit and the intensity in the air right before the wall of death is something l'll never forget," said sophomore Seth Phillips. In the pit people crowd surf and create the wall of death, which is when the crowd splits apart and the two sides run toward each other crashing together.

Marijuana and alcohol are also an issue concertgoers have to deal with. It's not unusual to smell marijuana and see seriously drunk people in the crowd at a festival. "Don't be surprised if you smell weed or see a guy stumbling around," Phillips said. According to the Warped Tour website, illegal substances are not allowed, but regardless, they are still present. Alcohol cannot be brought into the venue but can be purchased by those of age.

If you plan on going to the Warped Tour, there are 42 • Patriot Press • Entertainment
some things you'll need to know. General admission tickets can be purchased through Ticketfly and cost \$41.50-\$51.50 plus fees of $\$ 11$.

There are some precautionary measures to take to ensure that you have the best experience at the Warped Tour. Make sure you bring a bag with you. According to Warped

101, you are allowed to bring a small backpack, sunscreen, one sealed water bottle which can be refilled in the venue, a homemade snack, a camera, and some sharpies.

Music festivals can be hectic. It's best to arrive as early as possible. The doors open at 11 a.m. for the Merriweather date. "If you want to get front row to see a band, you want to get there early and run to the front, push and be forceful because you'll have to try really hard," said sophomore Jazele Gibson.

The Vans Warped Tour is a very social event. "You get to meet cool people and bond over the music," Gibson said. "It's

cool to see hundreds of people that like what you like, and it's a comforting feeling." Although the Warped Tour isn't for everyone, it offers a way to meet new people and experience new sounds. If you've never been it's never too late to get tickets and try it out this summer.
-If you are under 18, a parent or guardian can accompany you for free.
-lf you bring three canned food items or a used cell phone, you will receive an express entry wristband. -The first 100 people to donate blood or have someone donate on their behalf at the Music Saves Lives sponsored blood drive gets a backstage wristband when they redeem their voucher.
-Warped Tour Cool Gear Hydration Stations will be open to give attendees free filtered water. Just look for the banners that say WATER (make sure you have something to put the water in).
-There will be misting stations throughout the grounds. -Weather permitting, attendees can go on a slip and slide. -For parents who are escorting their kids, there will be air-conditioned tents at all venues
-There will be designated drop-off and pick-up areas.



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Q \& A with the most
rinteresting senior Jason Jones shares the unique qualities that explain why he was voted this superlative.
by Emma Donaldson Phoło Editor

Q: Why do you think you were voted most interesting senior? A: I have done some pretty cool things over the years I think but I don't know why I was chosen as most interesting.
Q: What have you done that makes you stand out?
A: I have family in Spain, and I go there every summer. I have actually been going since I was just two years old. I go to beaches, go hiking, go to parties, and to the mountains. I stay with family and sometimes at my friends when I'm there. My mom is from Spain, so I speak fluent Spanish. I have traveled a lot too. I have been to Costa Rica, London, and the Bahamas.
Q: What do you do that could be seen as original?
A: Two years ago, I got into the stock market and invested in steel and 3D printers. I didn't think my dad would agree with me but surprisingly, he did. My Dad ended up getting me a 3D printer for Christmas which is cool. I started doing Taekwondo about four years ago because I wanted to get into shape.
Q: What have you done recently?
A: I actually got runner up in the (Mr.) Patriot Pageant, and my act was Taekwondo. We had modeling and posing too, ${ }_{5}$ and that was fun.
Q: What do you hope to leave at Northern?
Jones and his friendsafthe Fiteny Music Fesfival :


Maryland, College Park.
Q:What is your favorite memory?
A: My favorite memory would have to be the first time my dad took me hunting because I really had a great time bonding with my dad and killing my first deer was sort of like a rite of passage into the family.
Q: What is your favorite thing about Spain?
A: Going to my aunt's beach house in Mata Las Cañas with my family and friends because there is always something to do whether it be going to the beach, playing soccer in the street, or hanging out on the boardwalk.
Q: What do you see as the future of 3D printers?
A: I think that 3D printers will become more popular and more people will have them as time passes because just as every type of technology gets more advanced, the part become cheaper and older models become obsolete and therefore cheaper, much like the computer. Before, only a few people had computers because the new technology was so expensive and not everyone even knew about it, and now almost everyone has a computer whether it be a laptop, PC, even smart phones in a way. So I believe that as 3D printers become cheaper and more advanced, hospitals (for printing artificial organs), companies, and maybe even the average household will get 3D printers.

Pete's Picks • MAY 20, 2016•45

edited by Christian Daniel • art by Micaela Shanon

## 15. Vending roulette

Gambling is illegal in school but we have our own slot machines all around the school. There's a 50/50 chance you'll get a snack out of them.


## 14. Shocking

 photographyStudents around school are drawing a black box on their wrists with a sharpie, then taking a picture of it, The results are shocking. Literally.

## 13. Graduates of

 DistinctionA handful of seniors are graduating with this special honor this year. Most seniors are just honored to finally be graduating.

## 12. Bills

A public school education is like a free trial of college. If you enjoy it and want to continue you have to pay $\$ 40,000$. Guess nothing really is free.

## 11. Late night equality

The Washington Post published a report saying the late night T.V. hosts made three times as many jokes about Republicans than they did Democrats during the primaries. Asked about it, the comedians pointed out that Donald Trump is running. Enough said.

## 10. Forgetful fans

Will Ferrell was offered a role in a movie about Alzheimer's but he decided against it. Some fans were upset, but they'll probably forget about it.

## 9. Legal protection

In April, Governor Larry Hogan signed a student free press law for Maryland. After reading an edition of the Hot 15, he said, "I signed what?"

## 8. Sly fox

Zootopia has become popular at the box office not only among children but among high school students as well. Guess that after years squeezing
 through the halls of NHS, we can identify with a world full of talking animals. Just kidding. 46 • The Patriot Press • Pete's Picks

## 7. Chemical warfare

Juniors just ordered their
"Finally Seniors" t-shirts. We advise them to wash them before putting them on. Last year, they were infected with senioritis. 6. May the Fourth be with you

The astronomy club held a sky viewing on Star Wars Day. They particularly liked watching the Starkiller Base blow up the Hosnian system.

## 5. Sour girlfriends

Beyonce releases an album, Lemonade, about her relationship. Suddenly all the girls
 at Northern are keeping an eye on their boyfriends. Why should we be punished because of Jay-Z?

## 4. It's gettin' hot in here

As soon as the seniors graduate, they're going to think they have gotten hotter because they all have more degrees.

## 3. Thighmasters

Guys and girls are starting to wear short shorts to school as the weather gets warmer. Suddenly, we're all wondering whether the old dress code should be brought back.

## 2. Safe zone

Astronomers recently found three planets that could possibly support life circling a dwarf star. If Trump really does win the election, now all those people who said they would leave the country have a place to go.

1. A corny joke

As it gets warmer out we're going to start seeing corn growing in all the farms in the county, as well as on everyone's feet who wear sandals shuffling through the halls of NHS.



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[^0]:    The Patriot Press is the student newsmagazine of Northern High School in Owings, Maryland. It is written, edited and designed by the Journalism students of NHS. The magazine is not an official publication of Northern High School or of the Calvert County Public Schools. The content of the magazine represents the ideas and opinions of the student writers and editors. These views are not necessarily shared by the administration or staff of Northern High School or of the Calvert County Public Schools.

    Unsigned editorials represent the opinion of the majority of the edito-

[^1]:    by Kat Hartmann and Becca Emerson
    After four years of excitement and stress, friendships have formed, games have been won, and embarrassing moments have left a lasting impression on students. As the seniors count down the days till their graduation, it's interesting to look back at the moments they want to forget.

[^2]:    "When I sent a very cute goodnight text meant for my boyfriend to my group chat of the Future Educator Members by accident. I'm the president, so it was awkward because I didn't know and they all told me what I had done. Then Mr. (Sandy) Walker, our sponsor, was told and he went around saying he was Mr. Boo (I call my boyfriend boo). That is still haunting me..."-Jenny Cole

[^3]:    During my sophomore year, the boys track and field team won the Regional title. The celebration was epic. I was on the $4 \times 100 \mathrm{~m}$ relay team to qualify for States that meet. -Trevon Howard

